

THE RIPPLE POND
www.juliamolony.co.uk/theripplepond
07968 310329

RMA
www.royalmarinesassociation.org.uk
02392 651519

RNA
www.royal-naval-association.co.uk
02392 723747

WHITE ENSIGN ASSOCIATION
www.whiteensign.co.uk
020 7407 8658

VETERANS UK
www.gov.uk/government/organisations/veterans-uk
0808 1914218

REGULAR FORCES EMPLOYMENT ASSOCIATION
www.rfea.org.uk
01212 360058

RECOVERY CAREER SERVICES
www.recoverycareerservices.org.uk

SSAFA FORCES HELP
www.ssafa.org.uk
08457 314880

HELP FOR HEROES
www.helpforheroes.org.uk
01980 844224

THE ROYAL BRITISH LEGION
www.britishlegion.org.uk
0808 8028080

NAVAL FAMILIES FEDERATION
www.nff.org.uk
02392 654374

RESETTLEMENT OFFICES

HMS NELSON NRIO (EAST)
02392 724127

HMS DRAKE NRIO (WEST)
01752 555300
01752 555362

HMS NEPTUNE NRIO (NORTH)
01436 674321 EXT 3594

HMS CALEDONIA NRIO (NORTH)
01383 858243

RECOVERY PATHWAY

NAVAL SERVICE CASUALTY AND RECOVERY MANAGEMENT

02392 628682 – SO1 CRM
02392 628730 – SO2 CRM
02392 628684 – Royal Navy Case Conferences
02392 628952 – Royal Marines Case Conferences
Email: NAVYPERS-PFCSRMMMAILBOX@MOD.UK
Intranet: **Via the 'Helm' People Portal: PFCS: NS casualty and Recovery Management**
Internet: <http://www.royalnavy.mod.uk/welfare/find-help>

HASLER NAVAL SERVICE RECOVERY CENTRE (HMS DRAKE, PLYMOUTH)
01752 555366

DEVONPORT RECOVERY CELL
01752 555431

FASLANE RECOVERY CELL
01436 674321 EXT 6133

PORTSMOUTH RECOVERY CELL
02392 720609

RNAS CULDROSE CAREER MANAGEMENT CELL
01326 552357

RNSA YEOVILTON CAREER MANAGEMENT CELL
01935 455393

30 CDO RECOVERY TROOP
Stonehouse Barracks, Plymouth
01752 836987

40 CDO RECOVERY TROOP
Norton Manor Camp, Taunton
01823 362518

42 CDO RECOVERY TROOP
Bickleigh Barracks, Plymouth
01752 727299

45 CDO RECOVERY TROOP
RM Condor, Arbroath
01241 822231

navygraphics 15/917



THE NAVAL SERVICE RECOVERY PATHWAY



INSPIRE - ENABLE - SUPPORT

The Naval Service Recovery Pathway (NSRP) is part of the Defence Recovery Capability and is the process followed to deliver a conducive military environment for the management and support of Naval Service (NS) wounded, injured and sick (WIS) personnel either to enable them to return to duty or to make a smooth transition into civilian life. Royal Navy and Royal Marine personnel are eligible for support from the NSRP if they have been, or are likely to be, WIS¹ for greater than 3 months.

THE RECOVERY PROCESS

1. WIS personnel who remain broadly employable and with less demanding recovery needs are to remain in their parent unit and be managed through the Divisional/Regimental system.
2. Units and establishments should monitor the recovery of their personnel to ensure that milestones set, which may include medical and rehabilitation appointments, adaptive sport and AT, resettlement interviews, etc are kept and recovery is progressing; this is to be managed through an Individual Recovery Plan (IRP). If recovery is not progressing as expected, the case should be discussed at the Unit/ Establishment Carers' Forum.
3. If the individual's recovery requirements are beyond the capability of the unit to deliver, a Case Conference is to be initiated through the Naval Casualty Coordination Cell which may recommend/ signpost additional support at the unit level or re-assignment to a specialist Recovery Cell depending on the individual's personal circumstances.
4. Whilst all WIS individuals are provided with a clinical 'pathway' by the Medical Officer, the Command, through the Divisional/Regimental system, has a responsibility to oversee and manage the recovery or transition of their personnel; whilst in the 'pathway', recovery activity should take primacy over all other activities.

THE RECOVERY CELLS/TROOPS

Naval Service Recovery Cells/Troops are spread around the country and are located within the 3 Naval Bases at Devonport, Faslane and Portsmouth; the Air Stations at Culdrose and Yeovilton; and in 30, 40, 42 and 45 Cdos. Hasler Naval Service Recovery Centre (NSRC) dedicated to the specific and complex needs of the long term seriously injured and ill, is located in HMS DRAKE, Plymouth.

FAMILY SUPPORT

A vital part of any individual's recovery is their family. No matter how

¹ WIS personnel are assessed as Joint Medical Employment Standard (JMES) code of M4 or M5 for RN personnel and L4 or L5 for RM personnel AND expected to be medically downgraded for more than 3 months OR assigned by Career Managers to the Medical Margin (MA7A).

small or big an injury or severe an illness, family support plays a vital role. By involving the family in the Recovery Pathway it will help reduce any confusion and should help the individual understand the process and outcome of any decision made during the recovery phase. It is also recognised that the family may need support during this period.

Throughout the Recovery Pathway it is important that the first point of contact for all individuals is the Divisional Officer/Troop Commander and for families, the Royal Navy & Royal Marines Welfare service. If they are unable to provide the assistance required they will be often be able to refer the family to an appropriate Service organisation or charity.

MILITARY CONTACTS

ROYAL NAVY ROYAL MARINES WELFARE
www.royalnavy.mod.uk/welfare
02392 728777

FURTHER SUPPORT FOR FAMILIES

In addition to the support provided by the Naval Service, there are many organisations and charities that are experienced in helping current and former members of the Armed Forces, and their families, with recovery and/or transition to civilian life. They can offer a range of things from financial help to comradeship and emotional support; some of these organisations are listed below:

THE ROYAL NAVY & ROYAL MARINES CHILDREN'S FUND
www.rnrmchildrensfund.org.uk
02392 639534

THE ROYAL NAVAL BENEVOLENT TRUST
www.rnbt.org.uk
02392 690112

GREENWICH HOSPITAL
www.grenhosp.org.uk
0207 396 0150

ROYAL NAVY & ROYAL MARINES CHARITY
www.rnrmc.org.uk
02392 548128

COMBAT STRESS
www.combatstress.org.uk
0800 1381619

FORCESLINE
0800 7314880

BIG WHITE WALL
www.bigwhitewall.com
02035 744561



UNIT ASSIGNED TO:

DO/TC NAME:

CONTACT DETAILS: